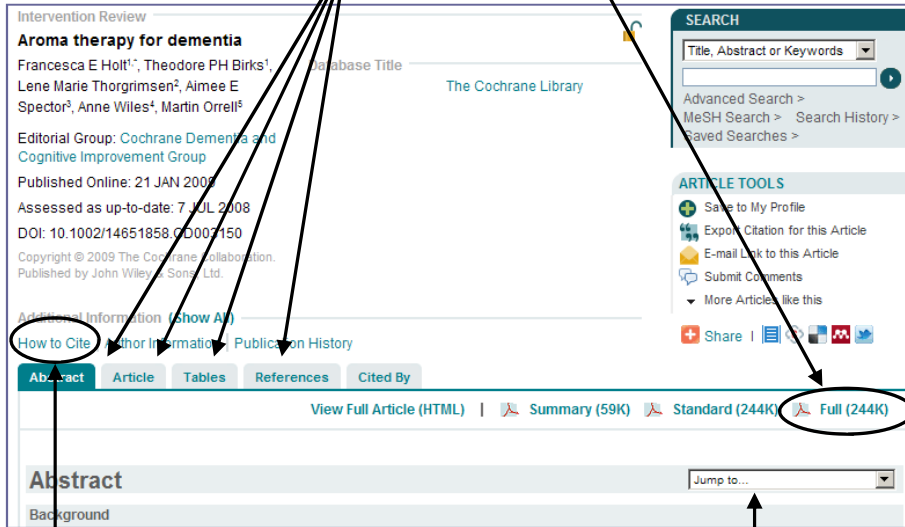


# Navigating a Cochrane Review

Select and read the abstract, main article, tables and references

Read, print or save the full review as a PDF document



View details of **how to cite** this Cochrane review

**Jump to specific sections** within the review, such as the plain language summary

\*\*\*\*\*  
 \* **Tip:** \*  
 \* read the **plain language summary** for \*  
 \* a brief outline of the review \*  
 \*\*\*\*\*

For further help, please contact the  
**Clinical Librarian Service on 01772 (52)4763**



# Cochrane Library Quick Guide

## What is the Cochrane Library?

The Cochrane Library is a collection of six databases that contain different types of high-quality, independent evidence to inform healthcare decision-making.

- **Cochrane Database of Systematic Reviews**
- Cochrane Central Register of Controlled Trials
- Cochrane Methodology Register
- Database of Abstracts of Reviews of Effects
- Health Technology Assessment Database
- NHS Economic Evaluation Database

The **Cochrane Database of Systematic Reviews** is the main database. Cochrane Systematic Reviews investigate the effects of interventions for prevention, treatment and rehabilitation in healthcare settings. They follow stringent guidelines and are widely recognised as the **gold standard** in evidence-based healthcare.

## How do I access the Cochrane Library?

Go to:

**[www.thecochranelibrary.com](http://www.thecochranelibrary.com)**

or access it via the library services intra- or internet pages.



# Basic Search

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- BROWSE COCHRANE DATABASE OF SYSTEMATIC REVIEWS**  
Issue 10 of 12, Oct 2011
- [Anaesthesia & pain control \(175\)](#)
  - [Blood disorders \(111\)](#)
  - [Cancer \(362\)](#)
  - [Child health \(1289\)](#)
  - [Complementary & alternative medicine \(484\)](#)
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  - [Dentistry & oral health \(117\)](#)
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# Results

Access a Cochrane Review by clicking on its title

Access results from the **other databases**

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